

# **Dr. Susan M. Lark's The Menstrual Cramps Self Help Book: Effective Solutions For Pain & Discomfort Due To Menstrual Cramps & PMS By Susan M. Lark**

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backache and menstrual cramps. It's also used to treat sore throat. and possibly immobilization due to pain. According to Susan M. Lark,

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Biography: Susan M. Lark MD - Dr. Susan M. Lark is one of the foremost authorities on women's health issues and is the author of nine books.

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### **Bibliography of alumnae authors | archives**

Atkin, S (Susan) Beth '83 "Help Me, I'm Sad": Recognizing, Treating, Dr. Nieca Goldberg's Complete Guide to Women's Health.

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