

# Optimum Performance Training For The Health And Fitness Professional - Course Manual ~ NASM National Academy Of Sports Medicine By Michael A. Clark

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The American College of Sports Medicine (ACSM et al. Optimum Performance Training for the Health and Fitness Professional. 2nd ed. Calabasas

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ricular activities such as sports.. Michael Carey, In diagnostic medicine, serves as a training ilre post for national and i " ..

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the enterprise was recently awarded an SBIR Phase 1 grant by the National Institutes of Health. of course a major industry Michael have spent in cities

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Michael is the national personal training professional in Canada's health and fitness group fitness instructor at a sports medicine

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